

All lectures are broadcast live on Tuesdays 4:00-5:30pm Pacific

- > 1/5 **Dementia** – Stephen Thielke, MD, MSPH, MA, Professor, UW, VA Puget Sound Health Care System
- > 1/12 **3Ds of Diagnosis** – Emily Trittschuh, PhD, Associate Professor, UW, VA Puget Sound Health Care System
- > 1/19 **Rational Preventive Care in the Context of AD** – Amy Thomas, MD, Research Fellow, VA Puget Sound Health Care System
- > 1/26 **Rational Prescribing in AD**– Zachary Marcum, PhD, PharmD Assistant Professor, UW Department of Pharmacy
- > 2/2 **Care Planning in Early AD** – Karen Clay, MSW, LICSW, Clinical Social Worker, UW Memory and Brain Wellness Center and Piruz Huda, MN, PMHNP, Adjunct Clinical Faculty, UW School of Nursing
- > 2/9 **ABRD in the Time of COVID-19** – Carolyn Parsey, PhD, Assistant Professor, UW Department of Neurology
- > 2/16 **Ethical Dilemmas in the Care of Older People with Cognitive Impairment** – Elizabeth Vig, MD, MPH, Associate Professor, UW, VA Puget Sound Health Care System
- > 2/23 **Dementia and Driving** – Kristoffer Rhoades, PhD, Research Professor, UW Memory, Brain, and Wellness Center
- > 3/2 **Elder Abuse & Neglect in Primary Care** – Kris Fredrickson, MSW, LICSW, Clinical Social Worker, VA Puget Sound Health Care System
- > 3/9 **Caring for the Caregiver** – Carrie Rubenstein, MD, MPH, Geriatrician, Swedish Medical Center

QUICK FACTS

- > Weekly lectures broadcast live Tuesdays from 4:00-5:30 pm PST via Zoom in Washington, Oregon, Idaho, Montana, Alaska and Wyoming.
- > Rx = 1.5 contact hours in pharmacology at the advanced practice level
- > Lectures available online (past and present) at nwgwec.org



NORTHWEST GERIATRICS
WORKFORCE ENHANCEMENT CENTER

2021 Winter Geriatric Healthcare Series

January 5th – March 9th, 2021
Broadcast Live via Zoom

ABOUT THE SERIES

The University of Washington Northwest Geriatrics Workforce Enhancement Center (NW GWEC), the University of Washington's Continuing Nursing Education, and the VA Puget Sound Healthcare System Geriatric Research Education and Clinical Center (GRECC) are partnering to bring a series of continuing education programs on geriatric health in primary care to health professionals in Washington, Oregon, Idaho, Montana, Wyoming and Alaska.

Nationally and regionally recognized NW GWEC faculty will present each lecture and facilitate discussion. The series will assist providers in developing and enhancing health promotion interventions to prevent disease and postpone further disability for the older adults they serve. This series will give primary care providers the opportunity to access valuable information.

How to Register

Please register:

<https://www.surveymonkey.com/r/ADRDWinter2021>



You will receive a confirmation email with the Zoom link after you register.

Learning Objectives

After completing this course, you will be better able to:

- > Define the key findings in dementia
- > Characterize dementia, delirium, and depression
- > Identify the time to benefit of common primary prevention treatments
- > Describe strategies to reduce medication-related harm in older adults with dementia
- > Explore patient values and how they impact future care options and interventions
- > Recognize successes and pitfalls in caring for people with dementia during the COVID-19 pandemic
- > Describe a framework for approaching ethical dilemmas (CASES approach)
- > Increase familiarity with cognitive risk factors related to driving safety and impairment
- > Explain interventions available for older adults experiencing abuse, neglect or exploitation
- > Describe the financial, social, medical and emotional challenges caregivers are facing

Professional Credit (optional)

Successful completion requires registration, completion of evaluation surveys, and submitting your attendance log (at the end of the series). UW Continuing Nursing Education requires a \$45 processing fee for a contact hour certificate for the series. Directions for obtaining credit will be provided.

Nurses: 15 contact hours (1.5 per session; 1.5 Rx)

- > Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing

education by the American Nurses Credentialing Center's Commission on Accreditation.

- > UWCNE is approved as a clock hour provider by the Washington State Board of Education.
- > Provider approved by the California Board of Registered Nursing, Provider #7128, for 15 contact hours (1.5 per session).

Physicians: This live series activity, Geriatric Healthcare Series, from January 5 – March 9, 2021, has been reviewed and is acceptable for up to 15 prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Psychologists: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-924-240

Social Workers and Counselors: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-809-601

All Other Disciplines: A UWCNE certificate for up to 15 contact hours (1.5 per session) will be awarded for documenting completion of this offering.

Target Audience

The series is designed for healthcare providers including physicians, nurses, physician assistants, advanced practice nurses, physical and occupational therapists, psychologists, social workers, pharmacists, and other interested professionals.

Location

All lectures will be broadcast live via Zoom Webinar.

Planning Committee Members

- > Barbara B. Cochrane, PhD, RN, FAAN, FGSA, Professor; Child, Family, and Population Health Nursing; The de Tornay Endowed Professor for Healthy Aging; University of Washington School of Nursing
- > Michael Vitiello, PhD, Professor, Psychiatry and Behavioral Sciences, University of Washington School of Medicine
- > Sharon Daly, BSN, RN, DNP-FNP Student; Nurse Planner, Continuing Nursing Education, University of Washington School of Nursing

More info may be found at nwgwec.org or contact us at nwgwec@uw.edu.