

All lectures are broadcast live on Tuesdays 4:00-5:30pm Pacific

- > 3/30 **Social Isolation** – Marla Berg-Weger, PhD, MSW, Professor, St. Louis University, School of Social Work
- > 4/6 **Skin Lesions** – Sarah Matthews, MN, DNP, Assistant Professor, UW, Child, Family and Population Health Nursing, Doctor of Nursing Practice Program
- > 4/13 **POLST** – Wayne McCormick, MD, MPH, Division Head & Professor, Geriatric Medicine, UW
- > 4/20 **Grief and Loss**– Martha Richards, MSW, LICSW, Author and Social Worker
- > 4/27 **Geriatric Fraud** – Page Ulrey, JD & Kathy Van Olst, JD, Senior Prosecuting Attorney’s, King County Prosecuting Attorney’s Office
- > 5/4 **Anemia** – Mengru Wang, MD, MPH, Clinical Instructor, UW Gerontology and Geriatric Medicine
- > 5/11 **Geriatric Primary Care of Diverse Populations** – Gina Kang, MD Palliative Medicine Fellow & Gina Kim, MD, MPH Clinical Instructor, UW Gerontology and Geriatric Medicine
- > 5/18 **Prevention** – Cindy Burdick, MD Primary Care Dr & Amy Wilkerson, MD, Family Physician, Kaiser Permanente of Washington
- > 5/25 **Vaccinations** – Emily Hilderman, DNP, ARNP, ANP-BC, Nurse Practitioner UW School of Nursing
- > 6/1 **Opioids** – Carol Crawford, Pharm D., BCPS, BCGP Clinical Pharmacist, Harborview Medical Center

QUICK FACTS

- > You may login for the weekly lectures broadcast live Tuesdays from 4:00-5:30 pm Pacific via Zoom Webinar or watch the recordings on your own. Earn CE either way.
- > Rx = 2.0 contact hours in pharmacology at the advanced practice level
- > Lectures recorded and available online



NORTHWEST GERIATRICS
WORKFORCE ENHANCEMENT CENTER

2021 Spring Geriatric Healthcare Series

March 30th – June 1st, 2021
Broadcast Live via Zoom

ABOUT THE SERIES

The University of Washington’s Northwest Geriatrics Workforce Enhancement Center (NW GWEC), the University of Washington’s Continuing Nursing Education, and the VA Puget Sound Healthcare System Geriatric Research Education and Clinical Center (GRECC) are partnering to bring a series of continuing education lectures on geriatric health.

Our lecture series provides education for those who are involved in the care of older adults. Lectures on geriatric topics include best available information on the diagnosis, treatment, and prevention of disease in older patients as well as related topics such as age-friendly health care and community-based resources.

How to Register

- 1) Go to: <https://www.uwcne.org/geriatric-health/node/158954#group-tabs-node-course-default5>.
- 2) Make sure that you're logged in to your account or create an account if you don't already have one.
- 3) Your registration is free at checkout. Please check 'I would like to take this for free.'
- 4) Click on 'Add to Cart' and proceed to online checkout.
- 5) Follow directions to go directly to your activities or bookmark your page.

You will receive a confirmation email with a links to the series webpage and Zoom after you register. Attendees are expected to:

- > Fill out evaluation surveys for each lecture
- > At the end of the series, submit an attendance log

Learning Objectives

After completing this course, you will be better able to:

- > Identify common challenges and barriers to providing care for a diverse older adult population
- > Describe benefits, limitations & evolution of POLST
- > Demonstrate use of tools and strategies to engage members in agenda setting for preventative care
- > Differentiate various premalignant and malignant skin lesions in skin changes related to aging
- > Explore patient values and how they impact future care options and interventions
- > Recognize lessons learned from the COVID-19 pandemic
- > Describe 4 ways that a person's sense of what matters (meaning) is affected by loss and grief
- > Explain clinical recommendations for preventative geriatric assessment in the ambulatory setting
- > Define how healthcare providers can help identify, address, and respond to elder abuse in patient care
- > Identify vaccines recommended for adults >65 & understand & address vaccine hesitancy

Professional Credit (optional)

Successful completion requires registration, completion of evaluation surveys, and submitting your attendance log (at the end of the series). Attend the virtual broadcasts or watch the recordings online – earn CE either way. UW Continuing Nursing Education requires

a \$45 processing fee for a contact hour certificate for the series. Directions for obtaining credit will be provided.

Nurses: 15 contact hours (1.5 per session; 2.0 Rx)

- > Continuing Nursing Education at the University of Washington School of Nursing (UWCNE) is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- > UWCNE is approved as a clock hour provider by the Washington State Board of Education.
- > Provider approved by the California Board of Registered Nursing, Provider #7128, for 15 contact hours (1.5 per session).

Physicians: This live series activity, Geriatric Healthcare Series, from March 30 – June 1, 2021, has been reviewed and is acceptable for up to 15 prescribed credit(s) by the American Academy of Family Physicians (AAFP). Physicians should claim only the credit commensurate with the extent of their participation in the activity. There is no processing fee for CME.

Psychologists: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-924-240

Social Workers and Counselors: UWCNE qualifies as a Washington State CE program sponsor under WAC 246-809-601

All Other Disciplines: A UWCNE certificate for up to 15 contact hours (1.5 per session) will be awarded for documenting completion of this offering.

Target Audience

The series is designed for healthcare providers including physicians, nurses, physician assistants, advanced practice nurses, physical and occupational therapists, psychologists, social workers, pharmacists, and other interested professionals.

Location

All lectures will be broadcast live via Zoom Webinar.

Planning Committee Members

- > Barbara B. Cochrane, PhD, RN, FAAN, FGSA, Professor; Child, Family, and Population Health Nursing; The de Tornay Endowed Professor for Healthy Aging; University of Washington School of Nursing
- > Michael Vitiello, PhD, Professor, Psychiatry and Behavioral Sciences, University of Washington School of Medicine
- > Marites Almachar, BSN, RN, CCRNS, Nurse Planner, Continuing Nursing Education, University of Washington School of Nursing

More info may be found at nwgwec.org or contact us at nwgwec@uw.edu.